



TEAM MEDICAL KIT BAG DETAILS

INTRODUCTION: Each Highfield Grange Football Club team is provided with a brand new fully stocked medical bag on joining the club and it should be kept this way through the seasons and checked regularly with the level of goods maintained.

Teams should not have to go scrounging off opposition teams if short of any kit item's because it reflects on both the team and club. It also will not go down well with your players parents if you are lacking with basic equipment to help their son / daughter. Do not take it for granted that the kit is well stocked – **CHECK-IT** regularly.

- Two number – Kool packs
- One number – Deep freeze ice spray (250 ml)
- One number – Petroleum Jelly (226g)
- One number – Savlon antiseptic cream (15 ml)
- Six number – Box of antiseptic wipes.
- Two number – Eye wash pads (20ml)
- Two number – Crepe bandages (7.5 cm x 4.5m long)
- One number – Triangular bandage (95 cm x 134 cm)
- Twenty number – box of assorted plasters
- One number Fabric dressing strip (7.5cm x 1 m long)
- One number –Pair of scissors & kept in good order.
- One number – Zinc Oxide plaster tape (1.12cm x 5 m long)
- One number- Sterile dressing no 8
- One number – Sterile dressing no 9
- One number – Sterile dressing no 18
- Three number - Disposable gloves (large)
- Five number – Skin closure strips.

N.B. The above is just a basic kit and more relevant items can be added

The club is not expecting a team to possibly keep the same bag from potentially a under 7's team to open age and expect it to be in good order. If the bag becomes in poor condition through being outside continually- a replacement may be obtained from the club chairman after showing of the original bag.

From time to the club may purchase Kool packs for distribution to teams on a first come – first served basis. Notification will be given through the club's meetings of pack availability.